



CHALLENGE
DAVOS
wearetriathlon!

Challenge Davos 2020

Race Briefing

25. August 2020

Team



Thomas Fehr
OK President



Sven Riederer
Co-Organizer



Zibi Szlufcik
Co-Organizer



Daniela Ruholl
Race Director



Thomas Klingler
TD – Swiss Triathlon



Lars Schoppmeyer
Athlete



Daniela Ruholl
Race Director



Thomas Klingler
TD – Swiss Triathlon

Right of protest or appeal

- 15 min after crossing the finishline report to Thomas Klingler
- 30 min after the inofficial results have been published (in 2020 online)

COVID-19 - Rules



- Only If you are completely healthy you are allowed to participate
- The **minimum distance** (1.50m) must be maintained -> if not masks are mandatory
- You **have to wear a mask** at the event area at all times, especially at the registration and during check-in
- Contact Tracing: All participants and spectators must **provide their full contact details**
- During the race you do not have to wear a mask
- At the aid stations the athletes must pick up nutrition by themselves
- The award ceremony and after race party is cancelled. Only the flower ceremony for PRO athletes will take place.

COVID-19 - Rules



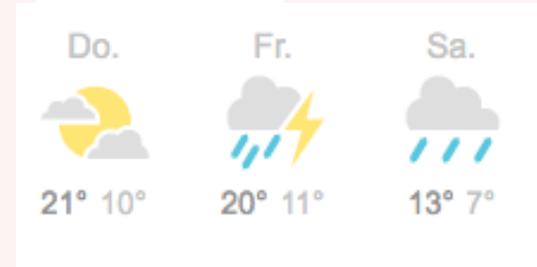
- There is **no deposit of valuables** nor a lost property office
- Please grab a snack package in the finish area
- Masks will be provided at the finish area. You have to leave the finish area as fast as possible wearing a mask
- Spectators are not allowed to mix with the athletes on race day. We can only allow a very small number of spectators at the start and finish area
- In addition: regulations of BAG apply at all times

Weather Forecast



Scenario water temperature	Swim Distance	
Under 15.9 C	Wetsuit mandatory on all distances	The decision also depends on the air temperature
14C – 31.0C	Regular swim distance	
13C – 13.9C	MD: 1500m	
12C – 12.9C	Distances will be partially shortened: <ul style="list-style-type: none">- Experience 500m- Olympic 750m- MD 750m	
Below 11.9C	Annulation of the swim	

Forecast



Current water temperature 18 degrees

Scenarios

- **Wetsuits could be mandatory**

Options:

1. Shorter swim distance – start will be later
2. Duathlon
 1. MD & OD: 1 loop around the lake
 2. Experience: 2k with turn around
 3. Aquabike: Start in transition zone



Weather - Flüelapass

Please keep in mind that this race takes place in an alpine region and that the temperature on the pass will be much colder.



Forecast on top of the pass

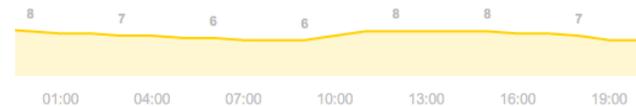
Flüelapass

Samstag
Regen

 8 °C | °F

Niederschlag: 90%
Luftfeuchte: 83%
Wind: 16 km/h

Temperatur Niederschlag



Map of Davos



Time schedule Friday

4.30pm – 8.00pm Registration

from 6.00pm **Start Swim&Run Kids**

7.45pm **Start NightRun (Stadion)**

No award ceremony



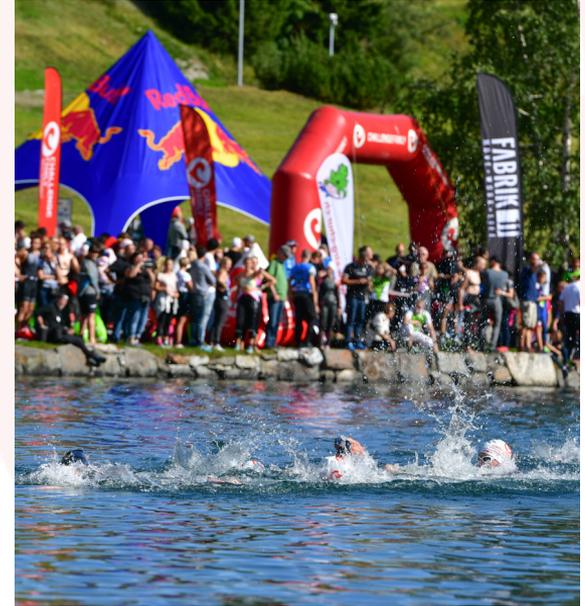
Time schedule Saturday

07.30 – 09.30	Registration
	Check-in Transition 2 (Run)
08.00 – 08.45	PROs & AG Women
08.45 – 09.30	AG Men, Teams & Aquabike
09.30 – 10.15	Olympische Distanz & Experience Triathlon
	Check-in Transition 1 (Bike)
08.45 – 09.30	PROs & AG Women
09.30 – 10.15	AG Men, Teams & Aquabike
10.15 – 11.00	Olympic Distance & Experience Triathlon



Time schedule Saturday

10.45	Start Challenge MD Pro Men
10.47	Start Challenge MD Pro Women
10.49	Start Challenge MD AG Women
11.05	Start Challenge MD AG Men & Teams
12.00	Start Experience Triathlon
12.10	Start Kurzdistanz incl. Teams
Aprox. 2.45	Flower Ceremony PRO Men
Aprox. 3.30	Flower Ceremony PRO Women
	Check-out after the finish and leave the event area





Strecke

[Video](#)

Swim Course

- Middle Distance: all buoys on the left hand side
- Swim cap colors
 - Men Pro: white
 - Women Pro: white
 - AG MD: white
 - Team MD: white
 - Aquabike: white
 - Olympic: green
 - Olympic Team: white
 - Experience: yellow



Start & Transition Zone 1



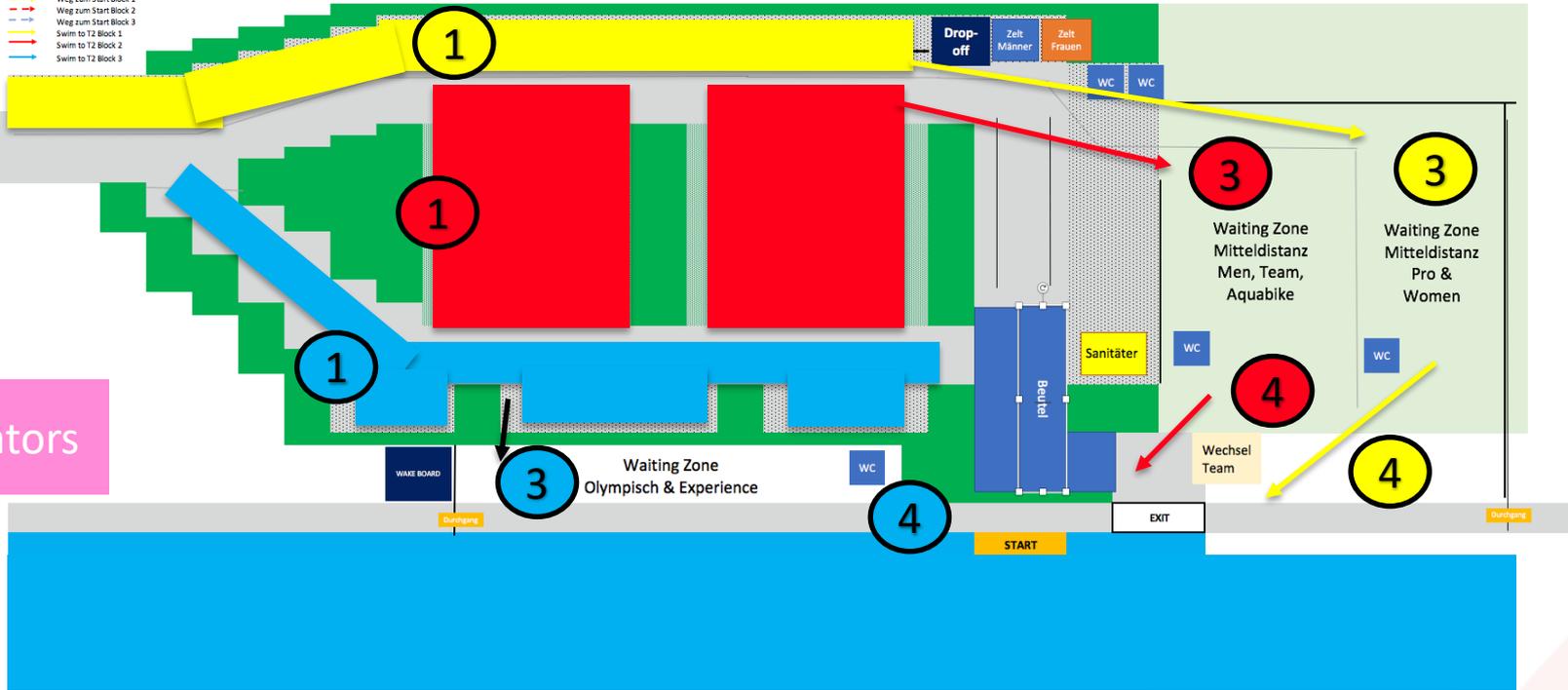
- Middle Distance, PRO & AG Women
- Middle Distance AG Men, Aquabike & Team
- Olympic Distance & Experience Triathlon



Drop-off
Bags
(SPRINTER)

- Weg zum Start Block 1
- Weg zum Start Block 2
- Weg zum Start Block 3
- Swim to T2 Block 1
- Swim to T2 Block 2
- Swim to T2 Block 3

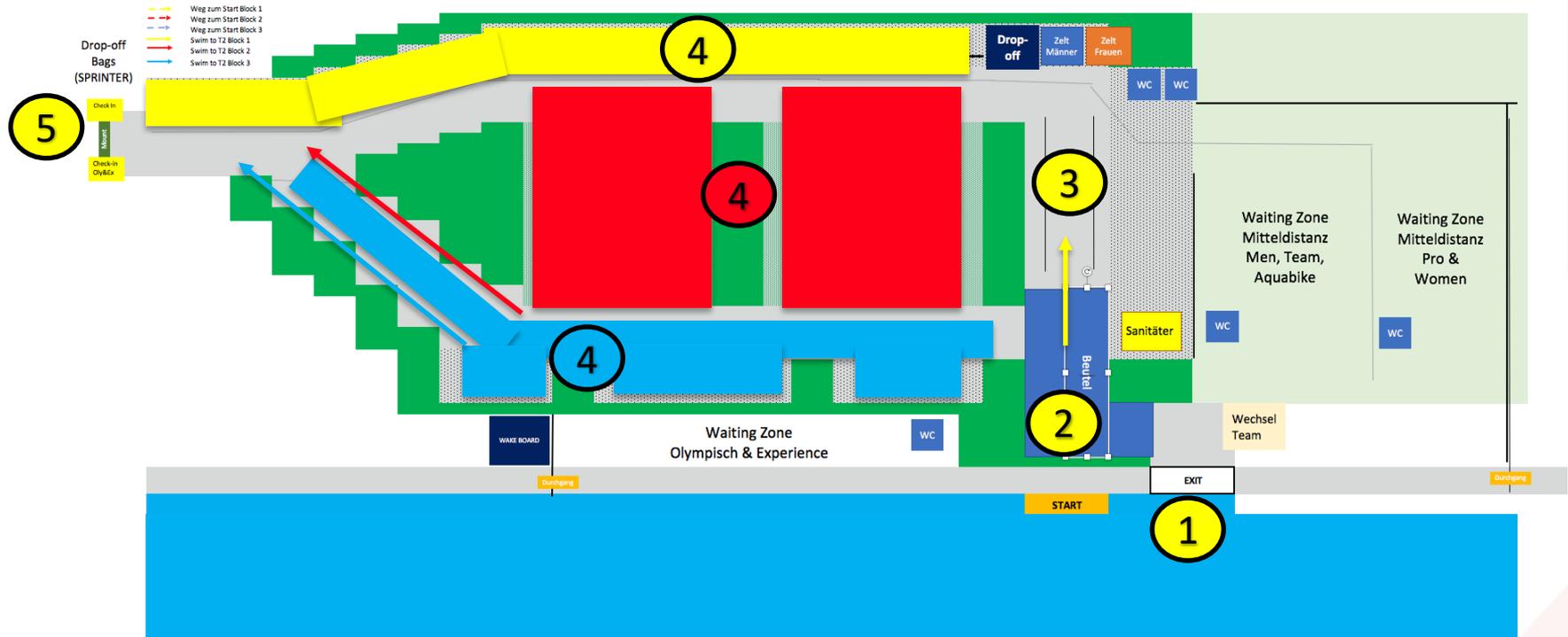
Spectators



Start & Transition Zone 1



- Middle Distance, PRO & AG Women
- Middle Distance AG Men, Aquabike & Team
- Olympic Distance & Experience Triathlon



Start & Transition Zone 1

- Different set-up for T1 and T2
- First Check into T2 then into T1
- **08:45 – 09:30 PROs & AG Women**
- **09:30 – 10:15 AG Men, Teams & Aquabike**
- **10:15 – 11:00 Olympic Distance & Experience**

Triathlon

- Helmet strap closed,
- All tubes of the handle-bar have to be closed
- Bib-number has to be attached
- Helmet has to stay in the bag
- On the bike, only clicked-in shoes are allowed, all other gear will be removed from the bike
- Helmet has to be closed before the bike is allowed to be taken from the rack
- Do not cycle in the transition zone!
- Get onto bike only after crossing the Mount-Line!



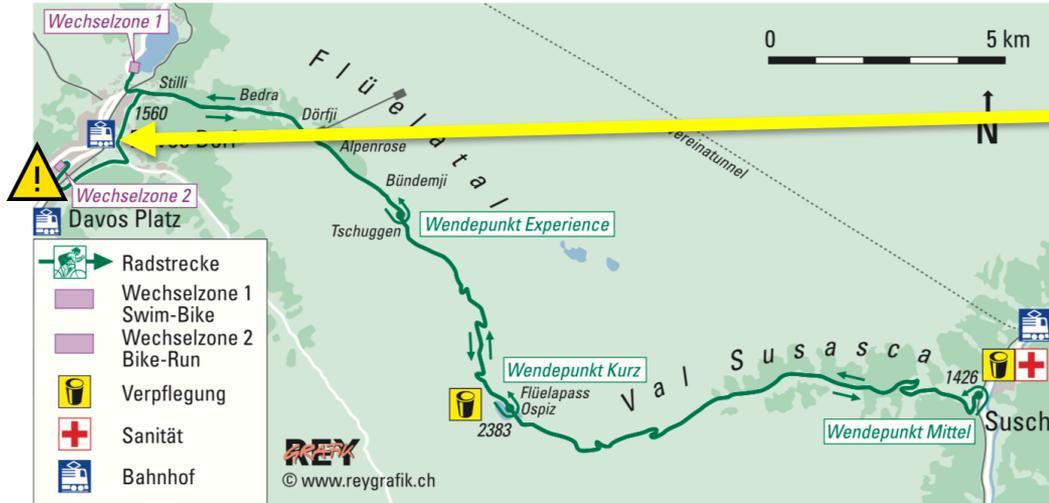
Bike Bag



Finisher Bag

Bags will be brought to the finish area

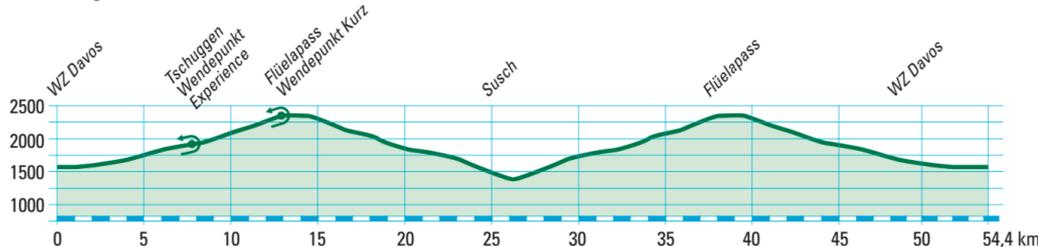
Bike course



The roads in the city
are not closed;
traffic is possible.

Flüela Pass is completely closed.

Höhenprofil Rad



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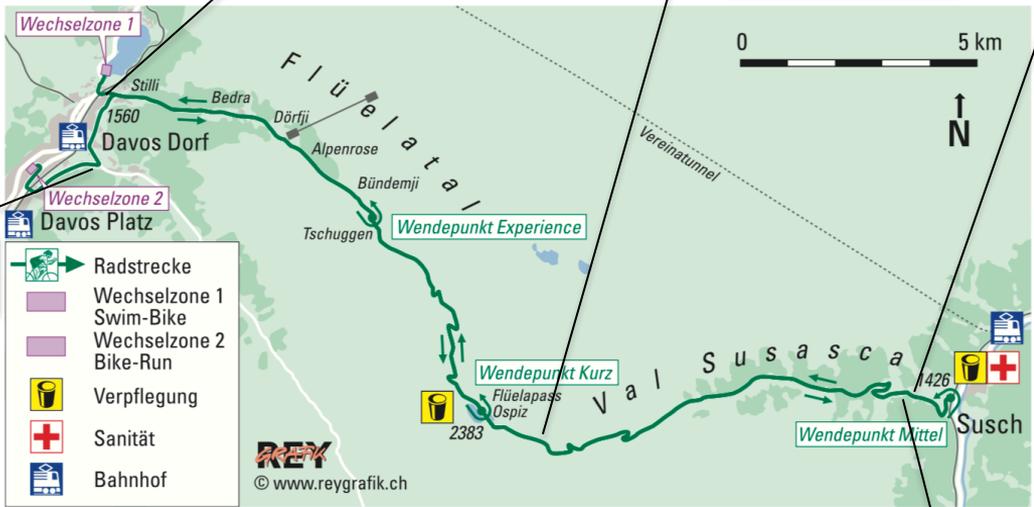
Dangerous zones

Railroad Crossing

Road works

Turn around before the road works

Intersection



Road works



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Dangerous zones

No overtaking!!



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Turn around Susch



Due to the current situation at the construction site in Susch we needed to turn around 1.5km earlier.

NO Aid Station at the turning point !!!



Railroad crossing & Rules for the bike course

- We planned everything as good as possible so that most of you won't be effected
 - Only at the very end of your field it could be that some of you have to wait
 - Timing mats will record your waiting time
- **On Downhills rain/wind jackets and glooves are mandatory > DSQ**
 - **Disc wheels are forbidden> DSQ**
 - **Recommendation: no carbon wheels with rim brakes**



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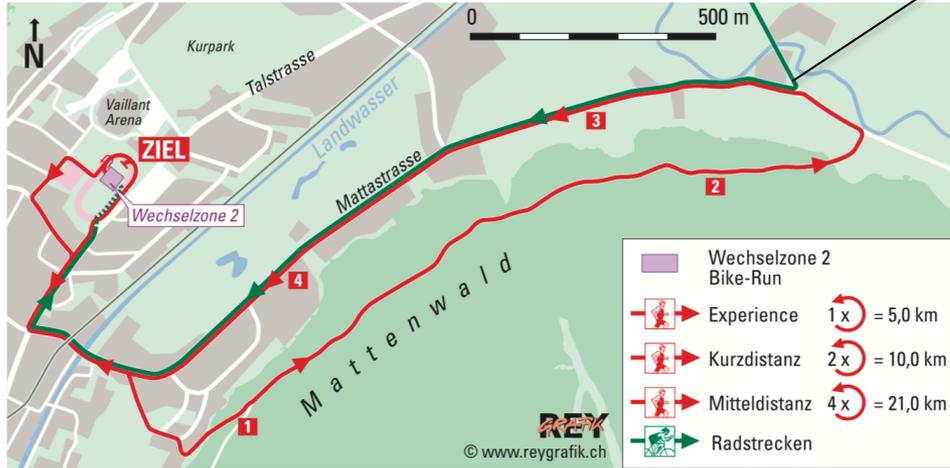
Transition Zone 2

- T1 and T2 have a different set up
- First park your bike -> open your helmet
- You have to park your bike by yourself at the next available spot
- Take your run bag from the rack and hang it back up afterwards



Run Course

Laufstrecken

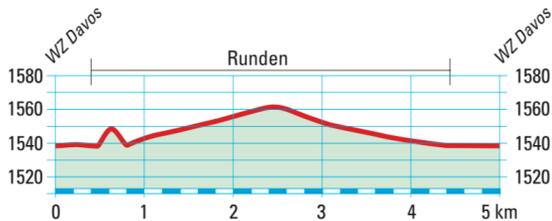


Intersection



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Höhenprofil Lauf



Aid stations

At the aid stations the athletes have to pick up the nutrition by their own. Bars and Gels will be closed. No Fruits or salty snacks.

Bike course 1 aid station on top of Flüelapass

Run course 2 aid stations (Stadion, WP)

Run course Water, Iso, energy bars, gels

Laufstrecke Water, Iso, energy bars, gels

Finish Snack Pack, Cola, Red Bull, tea



Regulations

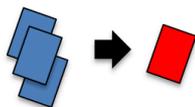
Regulations according to Swiss Triathlon

These times are for middle distance only

 yellow card: 30sec stop & penalty

 blue card: time penalty of 5:00

 red card: immediate disqualification

 three blue cards lead to immediate disqualification



• *Regulations*

- **Littering** → **DSQ**
- **Blocking** → **yellow card** > 30sec and 15 sec for Olympic Distance
- **Drafting** → **blue card** → **time penalty** 5min, 2min Olympic Distance
- **No penalty tent!** If you get penalty the penalty will be add you your time.
- **Always keep to the right side! Crossing the middle line will lead to disqualification**
- **If you don't wear a mask** → **DSQ**



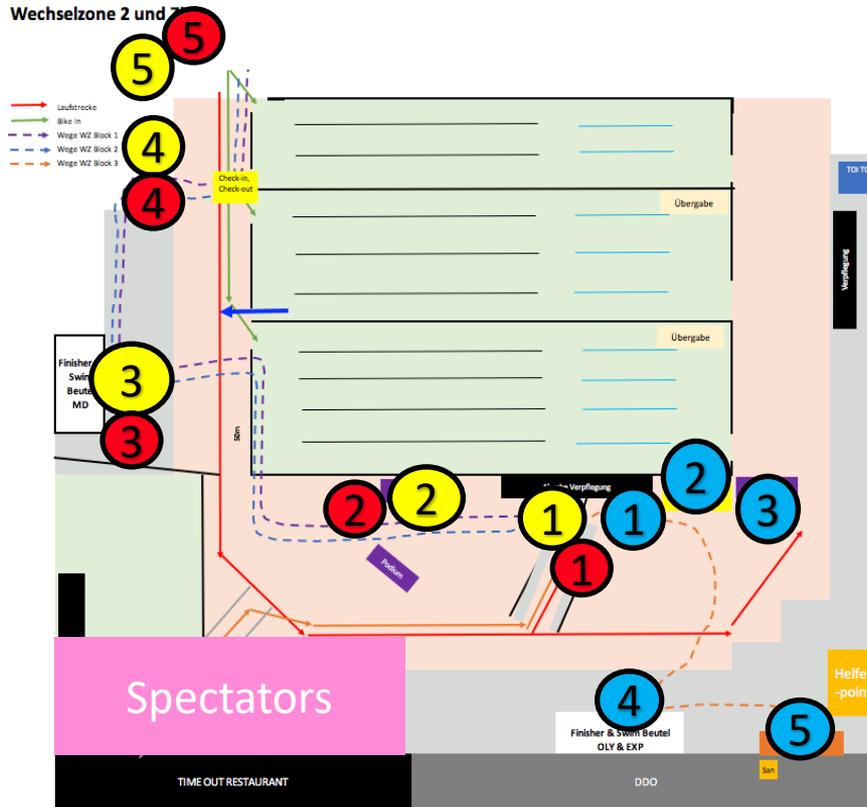
Cut off

Cut-off Timings:

- Swim 1:05 hours (12:15 p.m.)
- T2: 4:40 hours (03:45 p.m.)
- Finish 7:30 hours (06:30 p.m.)



FINISH



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DANKE

THANKS FOR LISTENING!!!



ANY QUESTIONS ????

memegenerator.net

Partner



HOST



EVENT SPONSOR



EVENT SUPPLIER



